"Bring it on Breakfast"

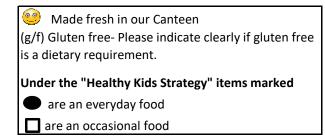
 Seasonal Fruit 	From 80c
Yoghurt, plain / muesli	80c
 Toast, fruit, plain or with vegemite 	80c
• Juice cups (apple & apple/blackcurrant)	80c
Milo, warm or cold	\$1.00
(No Milo or toast on Fridays)	

"Recess Refreshers"

Our recess menu includes 'healthy snacks' and drinks which change daily. Please see the Canteen Blackboard for daily specials

"Thirst Quenchers"

•	Water 600ml	\$1.50
•	Flavoured Light Milk 300ml	\$3.00
	(chocolate,strawberry)	
•	Pop Top 100% Juice 250ml	\$2.50
	(apple, orange, apple/blackcurrant)	



ONLINE ORDERS CUT OFF BY 8:30am OVER THE COUNTER LUNCH ORDERS TO BE TAKEN TO THE CANTEEN BY 9:00am

Pre-printed lunch bags 10c each or 12 for \$1.00 (Gluten Free colour coded bags also available)

"Scrumptio	us Sand	wiches"
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\$4.50

\$7.80

\$0.90

60c each

\$8.50

* Wholemeal, Multigrain or White Bread

*Gluten free bread/buns available at extra cost

,	Vegemite/Jam/Honey	\$2.00
	Chaosa	\$2.50

•	Egg	\$3.00
•	Salad	\$6.50

Ham or Chicken or Tuna Salad

Ham or Chicken or Tuna

*additional fillings Lettuce, tomato, cucumber, carrot, beetroot,

pineapple, egg, cheese
* Sauces / Mayonnaise on sandwiches etc

Wrap	add 90c
Roll	add 90c

"House Specials"

 Burger - Chicken with lettuce, 	\$6.50
cheese & mayo	

• Burger - Fish piece with lettuce, cheese \$6.50 and mayo

Chicken Ceasar Wrap or Salad Box \$8.00
 Chicken, lettuce, egg, diced ham, parmesan cheese
 & dressing

● Salad Box (g/f) \$6.50

(lettuce, tomato, cucumber, beetroot,

egg, carrot) (with Ham, Chicken or Tuna add \$2.00)

 Beef nachos tray (g/f) 	\$5.50
with corn chips & cheese	

☐ Chicken finger & salad wrap
(Gluten Free option available \$8.50)

"Tummy Warmers"

Pizza - Ham, cheese, Pineapple

• 1122a Ham, encese, i meappie	75.00
- Ham, cheese, tomato 🛮 🥶	\$5.00
- Ham, cheese 🛛 😊	\$4.50
Pasta Bolognaise	\$4.50
☐ Chicken Nuggets (max 6 per order)	80c ea
☐ Gluten Free Chicken Nuggets (Max 6 per order)	1.00 ea
☐ Pie (low fat)	\$4.00
☐ Sausage Roll (low fat)	\$3.00
■ Party Pies (low fat)	\$3.00
☐ Garlic Bread 🥹	\$1.00
Sauce Sachet - tomato or bbq	60c ea
 Add a side salad 	\$4.00

\$5.00

"Chill Out Zone" (Available 2nd 1/2 lunch only)

 Frozen Mini cups (juice or flavoured milk) 	.30c
 Berri Quelch Tubes (99% juice) 	.60c
■ Snap Stick	\$1.00
☐ Ice Monies	\$1.00
☐ Paddle pops	\$2.50
■ Juicee Tubes	\$2.00

^{*} Please do not include frozen items with lunch orders

IMPORTANT INFORMATION

ONLINE LUNCH ORDER CUTOFF IS 8:30am

Please hand your over the counter lunch order or reusable bags into the canteen by 9:00 am.

(for lunch orders handed in after this time we may only be able to provide a sandwich)

We are a member of the 'Healthy Kids Association' and we are committed to providing a healthy canteen menu. For further information please contact us.

If your child/children have any specific dietary requirements, please contact me to discuss menu options.

Volunteers Needed

To continue providing snacks and lunches to our school community we need volunteers. Please contact us if you can help, it can be a few hours or a day, weekly, fortnightly or monthly. No experience necessary. Your time will be greatly appreciated.

Rebecca Bowden
Canteen Coordinator.



WIRREANDA PUBLIC SCHOOL

CANTEEN MENU

effective from 1.5.2023